

INTERNATIONAL YOGA FEDERATION

IYF (BYLAWS)

NAME OF THE FEDERATION AND MAIN CENTER

ARTICLE 1- Name of the Federation: " INTERNATIONAL YOGA FEDERATION" it is. The center of the Federation is at Istanbul. The Federation can open up representation offices domestic and abroad.

Abbreviation of it will be " IYF "



Logo: The logo of the Federation is circle shaped: A thick purple circle, Inside of a white and purple drawn circle, with a purple background and with white color letters typed "INTERNATIONAL YOGA FEDERATION" on it, another white circle in it and inside of this white circle a map of the world with the coloring of gray and white as a silhouette and in front of the map a figure of a human standing on his two elbows and one leg in the pose of a bridge. The logo is shown above. The logo of the Federation can not be used away from its purpose, sold or distributed.

THE PURPOSE OF THE FEDERATION

ARTICLE 2-

The Federation has been established; To provide an environment to be able to introduce and spread Yoga which has an important support for the physical, mental and spiritual development of individuals of any age group nationally and internationally to big masses, to inform society about its benefits for the health of human being and to gather yoga coaches/instructors , to allow the development of the activities of the yoga coaches/instructors , to do works about their educations, to make arrangements and give support about the determination of occupational standards etc. and to Yoga training/certification programs, arrange educational seminars and educations, to do examinations, honor certification of coaching/ participation, giving any kind of guidance to the coaches/instructors and to work towards having good relationships, cooperation and support in between the member associations, to arrange national and international competitions in the field of Yoga, to ensure that activities with similar objectives are carried out together and to be in national and international activities.

Here the wording "Yoga" is meant for the Original Yoga System. With the Original Yoga System, a branch of sport and knowledge which is open to whole humankind without any discrimination of religion, class, language, color, race, gender and age is expressed.

THE SUBJECTS, FIELD AND WAYS OF STUDY THAT WILL BE CARRIED OUT BY THE FEDERATION

ARTICLE 3-

- 1- For Yoga to spread nationwide and internationally, create projects, take decisions, implement and make others implement.
- 2- Carry out worldwide Yoga Organizations, doing Yoga promoting activities, to do research to activate and make these activities much more effective and for their development, to arrange training activities such as; course, seminar, conference and panels, to organize national and international competitions.
- 3- For the education, application and dissemination of the Original Yoga System, creating projects, to give related individual and organizations support with knowledge and the expertise.
- 4- To strengthen the communication in between the individuals and the Organizations applying the Original Yoga System, arranging national and international meetings and attending to similar, such meetings.
- 5- To define standards for the Yoga Centers, make its regulations, audit and make sure these standards are being abided.
- 6- To open up courses and programs to train Yoga coaches/instructors, make examinations,
 - a) For the succeeding ones honoring them with coaching/instructor certification, to arrange training activities such as; seminar, conference and panels.
- 7- To evaluate and inspect how much the institutions which honor Yoga coaching and attendance certificate abide with the occupation standards and the regulations, enforce sanctions for these institutions to act in certain quality standards.
- 8- To create occupational standards on the field of Yoga Coaching/Instructor, with this goal make various arrangements (regulation, circular, announcement etc.) announce and publish, make these approved by the relevant authorities.
- 9- Towards the goal to be actualized provide any type of knowledge, document, documentation and publication, to create a documentation center, for the works to be heard of aligned with the goals publish newspaper, magazine, book and bulletin.

- 10- For the goal to be achieved, create healthy work environment, provide any type of technical equipment, fixed asset, and office supply equipment.
- 11- To improve and keep the social relationships of member and member associations organize activities such as; dinner parties, concert, theatre, exhibition, sport, travel, camp, festival, carnival, banquet or to make the members take advantage of such activities.
- 12- With the necessary permissions be involved in collecting aid and accepting donations both nationally and internationally.
- 13- For the goal to get the necessary revenue to be able to actualize the mission in this Bylaws to establish economic, commercial, industrial and revolving businesses and to operate or to make it operate.
- 14- For the members to benefit and do Yoga establishing social and cultural facilities and inspect them,
- 15- For the goals to be actualized, if it is found to be necessary to open up foundation or confederation with in the country and abroad or to be part of such an established confederation, establish such institutions or contribute for them to establish and by taking the necessary permissions establishing facilities which can be established by federations,
- 16- Being in International activities, being member of Federations and institutions which has been established abroad and doing activities in the field of Yoga, attending to their activities, doing joint work with these institutions and be a help to each other,
- 17- If it found to be necessary, without prejudice to the provisions of the law to carry out a joint project with the public institutions and organizations in the fields of their duties,
- b) 18 - To open up new branches and representative offices to be able to carry out activities at required places.
- c) 19 - To create platforms for cooperation with other federations or foundations, trade unions and similar non-governmental organizations in fields that are of interest to the federation and are not prohibited by law,
- d) 20 - For the Federation activities purchase needed movable and immovable asset, to sell, rent, and lease and to establish the same right on immovable.
- e) 21- Towards its goals at national and international level, cooperating with press, media organizations, universities, related public institutions and civil society organizations,

f) 22 - To carry out any type of activities required by the Federation for its purposes and which the law does not prohibit,

Federation acts in social field.

PARTICIPATING TO THE FEDERATION, EXITING AND EXCLUSION

Membership and Terms

ARTICLE 4- Any association which adopts the purpose of the federation and accepts to work in this direction may become a member of the IYF. The application is done to the board of directors, with a petition together with the

The application for membership shall be made with a petition to the presidency of the federation board of directors together with a decision taken by the associations own General Assembly to participate in. The Board of Directors evaluates the application and the latest within 30 days gives the decision. The association is considered to have accepted the main Bylaw of the federation. In addition, the name of the honorary membership may be given to the natural and legal persons who serve factual and without any expectations to the Federation, who provide financial and moral benefit to the federation.

Termination of Membership

ARTICLE 5-

a) The member association has the right to opt out with written notice. In the event that a member abolishes itself or loses his / her legal entity for any reason, his / her membership will automatically be terminated. The membership is terminated by getting a decision of the general assembly with the will of the member association which wants to be opt out from the membership of the federation.

b) By not participating in the works of the Federation, by escaping from the duties, by not performing the assigned duties, by not complying with the decisions of the Federation organs and obstructing them; by acting opposing the bylaws and goals of the Federation and by acting careless towards the service philosophy and mission of the Federation, members who prevent the federation from reaching its goals may be removed from membership by the decision of the Board of Directors. The decision of removal is not granted without the right of written and oral defense

It is possible to object the removal decision within 1 month to be examined at the General Assembly. Until the objection is connected to the decision, the rights and obligations of the member continue. General Assembly decision is the final decision.

c) Not to pay debts within 1 month despite written notice, in the case of legal barriers to membership or with the loss of legal requirements for membership, membership expires. The board of directors takes a decision about detection of the loss of membership. This decision can be appealed within a month to be examined at the General Assembly. Until the

objection is connected to the decision, the rights and obligations of the member continue. General Assembly decision is the final decision.

Rights and Obligations of the Member

Article 6- Federation members have the following rights:

- a) To attend the General Assembly together with their delegates.
- b) To choose the organs shown in the statute.
- c) To take advantage of written studies in the relevant articles of the statute
- d) To participate in federation activities and management.

Article 7- Associations that are members of the federation fulfill the following obligations:

- a) To adhere to decisions of authorized bodies and all the provisions of the federation statute.
- b) To report the general assemblies that they will do to the Federation Presidency at least 15 days before.
- c) Regularly pay contributions of federation.
- d) Not to be in an attitude and behavior contrary to the purposes of the federation, not to use the authorities contrary to the benefits of the federation.
- e) To participate in the research and review studies.
- f) To complete the tasks assigned by the federation bodies.

FEDERATION ORGANS

Article 8- Here are the organs of the Federation:

- a) General Assembly
- b) Board of Directors
- c) Supervisory Board

Apart from these main bodies, with the decision of the Board of Directors commissions may be established where it is deemed necessary for the federation to carry out its activities. These commissions are responsible for the Board of Directors in their work.

FOUNDING OF GENERAL ASSEMBLY, GATHERING TIME, CALL AND MEETING PROCEDURE

Article 9- General Assembly is the highest decision-making body of the federation and consists of the following delegations.

- a) Regardless of the number of registered members, each association participates with "4" delegates to the General Assembly. The delegates sent by each member to the General Assembly and representatives of the Federation's Board of Directors and Supervisory Boards have the right to attend and vote at the general meeting at the end of the term.

- b) The delegates who will attend the General Assembly are notified to the federation in writing by their association at least (7) days before the date of the General Assembly.

General Assembly Meetings

The General Assembly is convened in two forms, ordinary and extraordinary:

- a) Ordinary General Meeting: Once every three years in April they meet by the call of the Board of Directors.
- b) Extraordinary General Meeting: Meet with the call of the Board of Directors with the written request of Board of Directors or Supervisory Boards or at least 1/5(one fifth) of the General Assembly of Federation delegates.

Call Procedure

The Board of Directors arranges a list of members who are entitled to attend the General Assembly according to the federation statute. Members who are entitled to attend the general assembly are invited to the meeting at least 15 days before with announcing the day, time, place and agenda in a newspaper or reporting by written or electronic mail. if a meeting cannot be held because a majority cannot be reached in this circle, it is also announced which day and time the second meeting is to be held. Time between first meeting and second meeting cannot be less than 7 days cannot be more than 60 days. If the meeting is postponed for any reason other than the reason of lack of majority, this case is announced to the members by indicating the reasons for the delay in accordance with the calling convention. The second meeting should happen within six months at the latest from the date it is postponed. Members are invited to the second meeting again in the same way that is according to the principles stated in the first chapter.

Number of Meeting

The General Assembly convenes with participation of one more than half of the eligible delegates. The meeting which contains the topics of amendment of the charter and the annulment of the federation can be happened with the participation of two-thirds of the number of delegates. if there is not enough quorum in the first meeting, the majority in the second meeting is not sought. But number of delegates participating in second meeting cannot be less than twice the sum of total number of members of management and supervisory boards.

Procedure of Meeting

The General Assembly convenes on the day, hour and place specified in the announcement. Delegates enter the meeting hall by signing their name in the list organized by the Board of Directors. If majority is provided the situation is determined by a record, if president or vice president is not there, the meeting is opened by one of the members of the Board of Directors. After opening, Presidential Council composed of a president, a vice-president and a writer is elected to manage the meeting.

Only items on the agenda are discussed in the General Assembly. But it is imperative to take the subject that is requested to be discussed by at least one in ten delegates at the meeting into consideration.

Delegates personally participate in the meeting. Each delegate has one vote. It is imperative that the delegates show their identities and they must sign their names in the list during voting for the election of the federation bodies. Delegates are not allowed to vote in a discussion of a matter related to them.

Decisions in the General Assembly are taken with the absolute majority of the delegates attending the meeting and by open voting. Only the decisions on the amendment of the charter and termination of the federation are taken by Two-thirds majority of the members attending the meeting.

Decisions and minutes of the General Assembly are signed by the presiding committee and delivered to the board of directors with minutes to be kept and to take necessary action.

DUTIES AND AUTHORITIES OF GENERAL ASSEMBLY

- a)** Selection of federation bodies for 3 years.
- b)** Change of federation statute.
- c)** Examine management and audit board reports, balance sheet and income-expense accounts, according to the result of examine to make a decision about being absolved of the Board of Directors and Board of Auditors or make decisions about the responsible ones.
- d)** Review and approve the federation budget.
- e)** Decide about the issues that need to be taken into consideration or removed.
- f)** Decide to join or leave a confederation of the federation, to establish a new confederation, and decide to become a founding member in this confederation. Decide to terminate the federation.
- g)** To suspends members of board of directors and supervisory board when necessary, to take a decision for legal prosecution of those who have their responsibilities, to authorize the supervision of member associations by the Board of Directors
- h)** Examine complaints and wishes reflected on the General Assembly.
- i)** Review the regulations to be prepared for the federation studies by the Board of Directors and approve the same or change them
- j)** Decide for international activity of the federation, to decide whether to join or leave as a member of a federation, association or organization in abroad.
- k)** To establish economic enterprises with revolving funds enterprises, to authorize the management board to buy or sell movable or immovable property.
- l)** Review the other proposals of the board of directors and make a decision.
- m)** General Assembly supervises other bodies of the federation and can always take them from the office with justifiable reason.
- n)** General Assembly gives the final decision on acceptance and removal from membership.

- o) General Assembly does a work which is not given to the other body of the federation and uses the authorities as the most authoritative body of the federation.

BOARD OF DIRECTORS

Article 11

- a) The Board of Directors is elected by secret ballot and open classification, including 5 ordinary and 5 substitute members among the delegates whose names are listed on the general assembly delegate list.
- b) Board members, who have not participated in the board meetings for three times in a row without an excuse, lost their membership automatically. Re-election of board members whose term is expired is possible.
- c) If the number of members of the Board of Directors falls below the absolute majority due to vacancies, the General Assembly is invited to the meeting within one month by the current members of Board of Directors and the supervisory board.
- d) A list of the names, surnames, occupations and addresses of the principal and substitute members of the board of directors is notified to the property management authority within 30 days following the election of the General Assembly.
- e) The Board of Directors convenes at the first meeting after its election and makes division of duties. In the first meeting of the Board of Directors consisting of 5 persons together with the President, selects a vice president, a secretary, and an accountant by doing division of duties among their selves.
- f) The Chairman of the Board of Directors has also the President of the Federation title. The President of the Federation is selected among people who are known to be experts in Yoga in the society, who have been engaged in Yoga for 50 years, who have at least 25 books on Yoga, 20 DVDs and CDs, and who reached the age of 50.
- g) Each member of the Board of Directors has one voting right.

Article 12 - DUTIES AND AUTHORITIES OF THE BOARD OF DIRECTORS

- a) Represents the Federation or gives authority to one or more of the other members in this respect.
- b) Decides to carry out studies in line with the objectives and working subjects of the Federation and ensures that activities are carried out in domestic and abroad. In order to carry out these activities, it establishes commissions, working groups and assigns them to various issues.
- c) Applies the resolutions of the General Assembly.
- d) Assesses the money belongs to the Federation appropriately.
- e) Prepares the annual and quarterly reports of the Federation, balance sheet, income-expense account and future turnover budget and submits it to the general assembly.
- f) Ensures that the books and files of the Federation are kept regularly and systematically.

- g) To present the letting go decisions about the members to the General Assembly
- h) Invites the General Assembly to a meeting.
- i) Within the framework of the authorities in the law, buy, sell, use, lease movable goods and accept any kind of donations or donate. In addition, buy and sell all kinds of immovable properties based on the decision of the general assembly.
- j) Examines and decides on membership applications made to the Federation. It decides on member associations who lose their membership or want to leave and present this decision to the first ordinary or extraordinary general assembly.
- k) Ensuring the opening of representative offices in the deemed necessary places,
- l) Performs the duties assigned to it by legislation.

Article 13- GENERAL PRESIDENT'S DUTIES AND AUTHORITIES

- a) The President presides over the Board of Directors and represents the Federation in all respects and manages the Federation according to regulation rules, the decisions of the General Assembly and the Board of Directors.
- b) Provides that notification to the civil administration authority of the full members and associate members elected to the administrative and supervisory committees and other bodies of the federation ; within thirty days following the election made by the general assembly,
- c) Provides that notification to the civilian authority the amendments in the federal organs and settlement place; within thirty days.
- d) Ensures that recording to books and records that should be kept by the Federation.
- e) Ensures that The Federation declaration of the yearly Federation activities and the results of the income and expense transactions to be submitted to the property administration office as the latest date as end of April of each year.
- f) Provides that; in case of receiving aid from abroad, these aids are taken through the banks.
- g) Provides that the immovable acquired by the Federation shall be notified to the local authority within one month from the registration to the title office.
- h) Ensures that if the Federation opens a representative office, the addresses of the representatives, the appointed person or persons will be notified to the civilian authority.
- i) In important and urgent matters calls the General Assembly to a meeting. Encourage for efficient and productive central and branch functions and be an leads as being an example in the subject.
- j) To perform the duties in other matters specified for the President of the Federation in the legislation, and exercise the authorities.

AUDIT COMMITTEE

Article 14- The Supervisory Board consists of three full members and three associate members elected for three years by General Assembly. Expired members can be re-elected. At the first meeting after election, it selects a president among itself.

Internal auditing can be carried out by the Supervisory Board in the Federation and also by independent auditing institutions. The fact that the audit has been conducted by the independent auditing institutions does not remove the obligation of the Auditing Board.

DUTIES AND AUTHORITIES OF THE AUDIT COMMITTEE

Article 15- a) Inspecting all transactions, accounts and books of the Federation
b) Presenting to the General Assembly a report on the results of annual management and financial audits and inspections of the balance sheet and income-expense account.
c) Reporting to the Board of Directors a report on the deficiencies found during the audit and the transactions contrary to the provisions of the bylaws, to ask for necessary corrections and arrangements to be done.
d) To request from the Board of Directors, for Board of Directors to invite the General Assembly to an extraordinary meeting in case of incompatibility to the benefit of the Federation in Board of Directors' works.

The auditors may participate in the Board of Directors' studies without voting rights.

INCOME RESOURCES of FEDERATION

Article 16- The revenue sources of the Federation are listed below:

- a) Each association that is a member of the Federation pays entrance fee.
- b) Member associations are also obliged to pay annual fee per year. The board of directors is authorized to increase or decrease these amounts.
- c) Donations and contributions made by real and legal persons to the federation by their own discretion.
- d) Income derived from activities such as sightseeing, entertainment, concerts, conferences, festivals, carnival, seminars, social and sportive events organized by the Federation,
- e) Income derived from the assets of the Federation,
- f) Donations and aids to be collected in accordance with the provisions of the legislation on aid collection.
- g) To be able to obtain the income in order to actualize the purpose of the federation, the profits derived from the business activities.
- h) Other income

Income and Expense Transactions of Federation

Article 17- Federation incomes are entitled as "Appropriation Receipt" (which is included in the Annex-17 of the Regulation on Associations). If the revenue of the federation is collected through the banks, it can be replaced by the receipt of the documents such as the receipt or the statement of account issued by the bank.

Federation expenditures are made by expenditure documents such as invoice, retail sales receipt, self-employment receipt. However, a 'Receipt of Receipts' is issued for payments that are not covered by the provisions of the Tax Procedures Code for the payments that are within the scope of the Article 94 of the Income Tax Law, and which are not included in the scope of this Law (which is included in the Annex-13 of the Regulation on Associations).

Deliveries of free goods and services to be made to the persons, institutions or organizations by the Federation shall be carried out with the 'In- which is included in the Annex-14 of the Regulation on Associations). If the deliveries of free goods and services to be made to the federation by persons, institutions or organizations are accepted with the "Incoming Donation Certificate" (which is included in the Annex-15 of the Regulation on Associations).

Procedure for Income and Expense and Debt

Article 18- In case of the need to actualize the purpose of the Federation and to carry out its activities, it may get in to depth with the decision of the board of directors. This borrowing can be done in cash or in the procurement of goods and services with credits. However, this borrowing can not be made in a quantity that not be met by the revenue sources of the federation and in the quantity that can cause the federation to the payment difficulty.

INTERNAL AUDIT OF THE FEDERATION

Article 19- Internal audits may be made by the General Assembly, the Board of Directors or the Board of Auditors in the Federation as well as independent auditors. The fact that the audit has been conducted by the independent auditing institutions does not remove the obligation of the Auditing Board.

The inspection of the federation is carried out by the Supervisory Board at least once a year. The General Assembly or the Board of Directors may audit when necessary or may conduct audits by the independent audit institutions.

REGULATION CHANGES

Article 20- The Bylaw change can be made by the decision of the General Assembly.

In order to be able to make changes at the Bylaw in the general assembly, 2/3 majority of the members needed who are entitled to participate in the general assembly. If the meeting is postponed due to the failure to meet the majority, no majority will be sought in the second meeting. However, the number of members attending this meeting can not be less than two times the total number of members of the board of directors and auditors.

The majority of the decisions required for a change of statute are two-thirds of the votes of the members who attend the meeting and have the right to vote. In the general assembly, the amendment of the regulation is made openly.

TERMINATION OF THE FEDERATION AND LIQUIDATION

Article 21- The federation general assembly can always decide to terminate the federation. At least two thirds of the members and delegates who are entitled to participate in the General Assembly by law must be present at the meeting so that the General Assembly can decide to terminate the federation. If this majority is not attained at the first meeting, members and delegates are invited to the second meeting. But, it is imperative that the decision about termination be given by two thirds of the members and delegates present at the meeting.

In case of termination, all goods, money and rights of the federation shall be transferred to our member associations for the purpose determined by the decision of the General Assembly.

After the completion of liquidation and transfer of money assets and rights of these federations, the case shall be reported in writing to the administrative authority of the place where the Federation center is located by the liquidation board within 7 days, liquidation minutes is added to this writing.

OPENING LOCAL AND PLANT

Article 22- The federation may open, operate local and recreational facilities or have them operated with getting permission from the relevant authority.

BOOKS AND RECORDS

Article 23- The Federation keeps records of member registration, decision, business account, fixture, receipt document and paperwork register book in accordance with the legislation.

DEFICIENCY OF PROVISION

Article 24- In matters not specified in this charter, the Associations Law, Turkish Civil law and the regulation of associations issued by these laws and other relevant legislation on associations shall apply.

Temporary article 1- Until the formation of the federation bodies in the first general assembly, the members of the temporary board of directors, who will represent the Federation and carry out the business and operations related to the federation, are given below.