



INTERNATIONAL YOGA FEDERATION

ANNUAL & IMPACT REPORT 2025



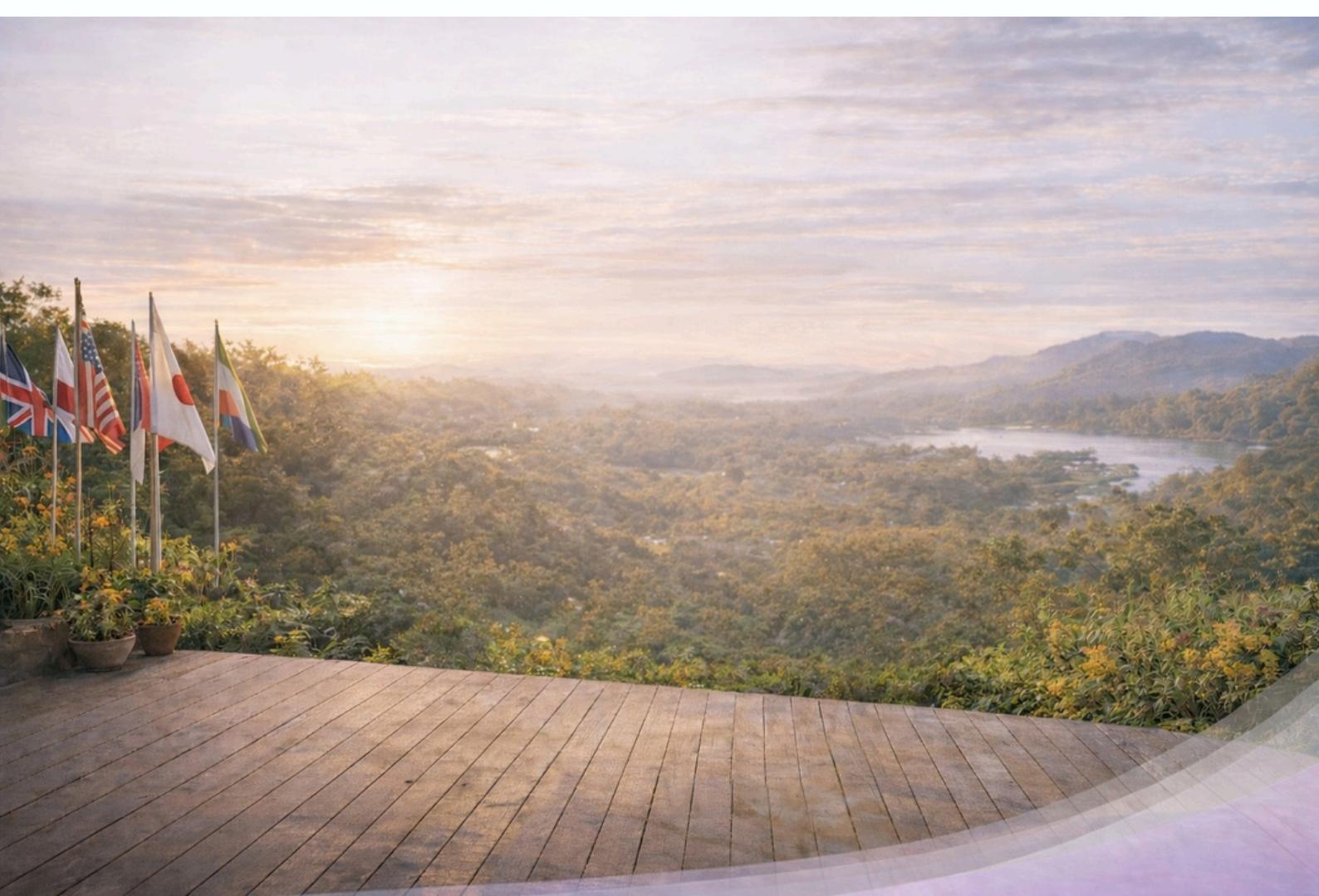
www.internationalyogafederation.com.tr

EXECUTIVE SUMMARY

The 2025 Annual & Impact Report presents an overview of the International Yoga Federation's global activities, programs, and initiatives throughout the year. Guided by its mission to promote yoga as a universal path to well-being, peace, and social responsibility, IYF continued to expand its volunteer-based, inclusive, and non-profit model across diverse regions.

During 2025, IYF delivered its core programs through international championships, educational initiatives, awareness festivals, publications, and peace-oriented projects. These activities reached thousands of participants worldwide and contributed to health promotion, lifelong learning, women's empowerment, peacebuilding, environmental awareness, and social inclusion, in alignment with the United Nations Sustainable Development Goals.

Operating through transparent governance and clearly defined financial roles, IYF maintained its independence by relying on voluntary contributions, project-based collaboration, and non-commercial partnerships. This report reflects the collective efforts of IYF's members, partners, volunteers, and supporters who continue to strengthen yoga's role as a tool for individual transformation and global cooperation.



HOW WE DELIVER OUR ACTIVITIES

In 2025, the International Yoga Federation implemented its activities through a decentralized, volunteer-driven model that prioritizes accessibility, collaboration, and ethical governance. Rather than operating through centralized structures, IYF works with local partners, institutions, and volunteers to ensure that programs respond to real community needs while maintaining global consistency.

Educational content, seminars, and international events are developed by subject-matter experts within the IYF network and delivered through online platforms, local initiatives, and international collaborations. This approach enables flexible participation while reducing barriers related to geography, income, or infrastructure.



TABLE OF CONTENT

Message from the President	1
About International Yoga Federation.....	2
Governance	3
Members, Partnerships, Sponsorships & Volunteers.....	4
From Concept to Action.....	5
10th World Yoga Championship.....	6
Yoga and Awareness Festivals	7-8
Volunteer-Led, Community-Based.....	9
International Yoga Expert Certificate (IYEC)	10
Yoga Academy Journal	11
Healthy Living Village.....	12
Working Together Across Borders.....	13
International Peace Project.....	14-15
Global Calls.....	16-17
How Our Activities Take Shape.....	18
Financial Integrity & Volunteer-Based Structure.....	19
Global Reach, Local Meaning.....	20
Conclusion	22
Future Outlook.....	23

MESSAGE FROM THE PRESIDENT



Dear Members, Partners, and Friends of the International Yoga Federation,

The year 2025 represented a meaningful period of consolidation and conscious growth for the International Yoga Federation. As a global organization, we continued to strengthen our commitment to yoga as a practice that supports individual well-being, social harmony, and ethical responsibility across cultures and communities.

Throughout the year, our activities were guided by a clear intention: to ensure that yoga remains accessible, inclusive, and rooted in its universal values. Through volunteer-driven programs, international collaborations, and educational initiatives, we reached diverse audiences while maintaining transparency, independence, and respect for local contexts. One of the most significant aspects of 2025 was the deepening of our global network. By working alongside volunteers, institutions, and partner organizations, we were able to create meaningful platforms for dialogue, learning, and shared experience. These efforts reaffirmed our belief that lasting impact emerges not from scale alone, but from integrity, cooperation, and shared responsibility.

As we look to the future, the International Yoga Federation remains dedicated to responsible growth, ethical governance, and purposeful contribution. In an increasingly interconnected world, yoga continues to offer a unifying language—one that fosters awareness, compassion, and balance. I extend my sincere gratitude to all members, volunteers, partners, and communities who contributed to our journey in 2025 and helped bring our shared vision into practice.

With peace, gratitude, and unity,

Akif Manaf
President, International Yoga Federation

ABOUT INTERNATIONAL YOGA FEDERATION



The International Yoga Federation (IYF) is a global non-governmental organization that promotes yoga as both a sport and a holistic approach to physical, mental, and social well-being. Active participation and outreach reaching over 200 countries, with members, representatives, and volunteers, the IYF connects practitioners, experts, and institutions through an inclusive worldwide network.

IYF promotes yoga as an international sport by organizing World Yoga Championships and global festivals, supporting the long-term goal of achieving formal recognition of yoga as an Olympic discipline.

Beyond sports, IYF works to integrate yoga into education, community life, and public health through certification programs, retreats, seminars, and awareness campaigns.

- IYF is committed to building a healthier, more conscious, and more connected world—uniting individuals and communities through the transformative power of yoga.

Aligned with the United Nations Sustainable Development Goals, the Federation supports initiatives that promote health, empower women and youth, strengthen peacebuilding, raise environmental awareness, and encourage social inclusion.

GOVERNANCE



JAMES URIU

Vice President

Supports governance, oversight, and the responsible delivery of IYF priorities.



SEMS UZUNESER

Vice President

Contributes to policy decisions, committee coordination, and international engagement.



SHERINA SHAHBAZIAN

Secretary General

Supports ethical standards, transparency, and the effectiveness of IYF programs.



NIDHI TIYYAGURA

Treasurer

Helps strengthen collaboration, long-term planning, and member support systems.

MEMBERS&PARTNERS&SPONSORS&VOLUNTEERS

The International Yoga Federation's global work is made possible through the collective support of its members, partners, sponsors, and volunteers. Together, they form a diverse and collaborative international network that strengthens every program, event, and educational initiative. Their contributions—whether through participation, expertise, financial support, or voluntary service—enable IYF to reach more communities, expand its impact, and continue promoting yoga as a tool for health, unity, and social well-being worldwide.

MEMBERS

IYF brings together individuals, yoga schools, and national organizations under one global community. Membership strengthens diversity, collaboration, and shared values of peace, health, and sustainable living. In 2024, new members from Canada, India, Ecuador, Indonesia, Sri Lanka, and Saint Vincent & the Grenadines expanded the Federation's international presence.

PARTNERS

Partnerships connect IYF with universities, NGOs, local governments, and initiatives aligned with global development priorities. These collaborations enhance yoga's contribution to education, community well-being, intercultural dialogue, and sustainable development. Through strategic partnerships, IYF broadens its impact and strengthens its international engagement.

SPONSORS

Sponsors help make IYF's activities accessible and community-oriented. Their direct support contributes to the Yoga Academy Journal, Global Calls, festivals, and awareness programs—without influencing content or operations. Alongside institutional sponsors, individual supporters also play a valuable role in sustaining IYF's mission.

VOLUNTEERS

Volunteers form the backbone of IYF's global work. They assist in coordinating events, mobilizing participants, supporting educational programs, and spreading awareness across communities. Through their dedication, IYF is able to maintain inclusive, nonprofit, and internationally connected activities that reach thousands of people each year.

During 2024, IYF strengthened its international collaboration network, working with dozens of partner institutions and engaging a broad base of volunteers and project supporters worldwide.

FROM CONCEPT TO ACTION

All IYF programs follow a clear implementation process: concept development, community engagement, voluntary delivery, and impact reflection. Whether organizing global championships, monthly festivals, peace dialogues, or educational initiatives, activities are designed to be inclusive, transparent, and replicable.

By combining digital tools with local engagement, IYF ensures that activities remain both globally connected and locally meaningful. This model allows participants to contribute actively rather than passively, reinforcing shared responsibility and long-term impact.

To maintain consistency and integrity, each initiative is guided by ethical principles, clear role definitions, and a non-commercial approach. Financial independence, volunteer participation, and open access remain central to program delivery, enabling IYF to scale its impact responsibly while preserving trust among partners, participants, and the wider international community.



10TH WORLD YOGA CHAMPIONSHIP 2025

In 2025, the World Yoga Championship continued as a global platform bringing together participants from around the world through a digitally accessible and community-driven format. The Championship was organized and delivered entirely by a fully volunteer-based team, with no participation fees or commercial involvement, ensuring equal access and financial neutrality throughout the process.

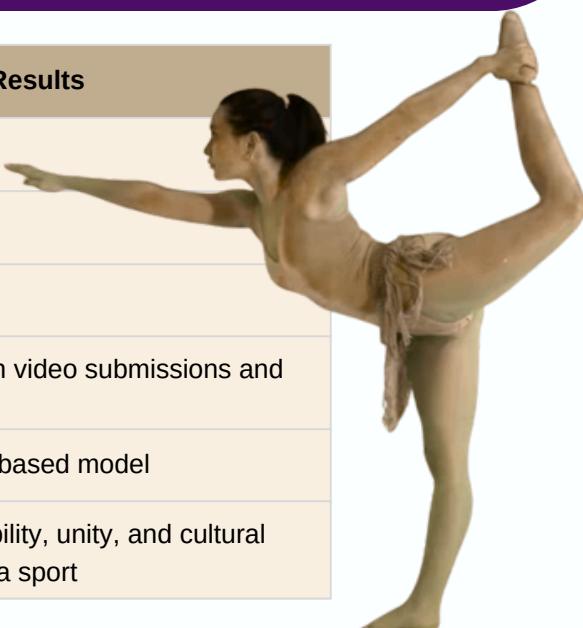
By fostering creative expression, cultural diversity, and international connection, the event strengthened global engagement and highlighted yoga as a unifying practice that transcends borders, backgrounds, and economic barriers.

KEY HIGHLIGHTS

The World Yoga Championship was conducted through open individual submissions and international invitations coordinated by IYF volunteers. The fully online and voluntary format ensured equal participation regardless of age, gender, income level, language, or location, and remained free of charge for all participants.

Featuring eight competition categories, the Championship encouraged diverse expressions of yoga and cultural creativity. With approximately 1,000 participants and combined online engagement, the event reached an estimated audience of over 100,000 people, strengthening IYF's global network and contributing to international unity, accessibility, and well-being.

Indicator	2025 Results
Countries Represented	200
Total Participants	≈ 1,000
Global Reach (Estimated)	100,000+ viewers
Participation Model	Open participation through video submissions and volunteer engagement
Financial Model	Non-profit, fully volunteer-based model
Key Impact	Promoting global accessibility, unity, and cultural diversity through yoga as a sport



WYC is conducted in line with internationally recognized principles of fair play, gender equality, and ethical participation, reflecting IYF's commitment as a responsible non-governmental organization in sport.

YOGA & AWARENESS FESTIVALS

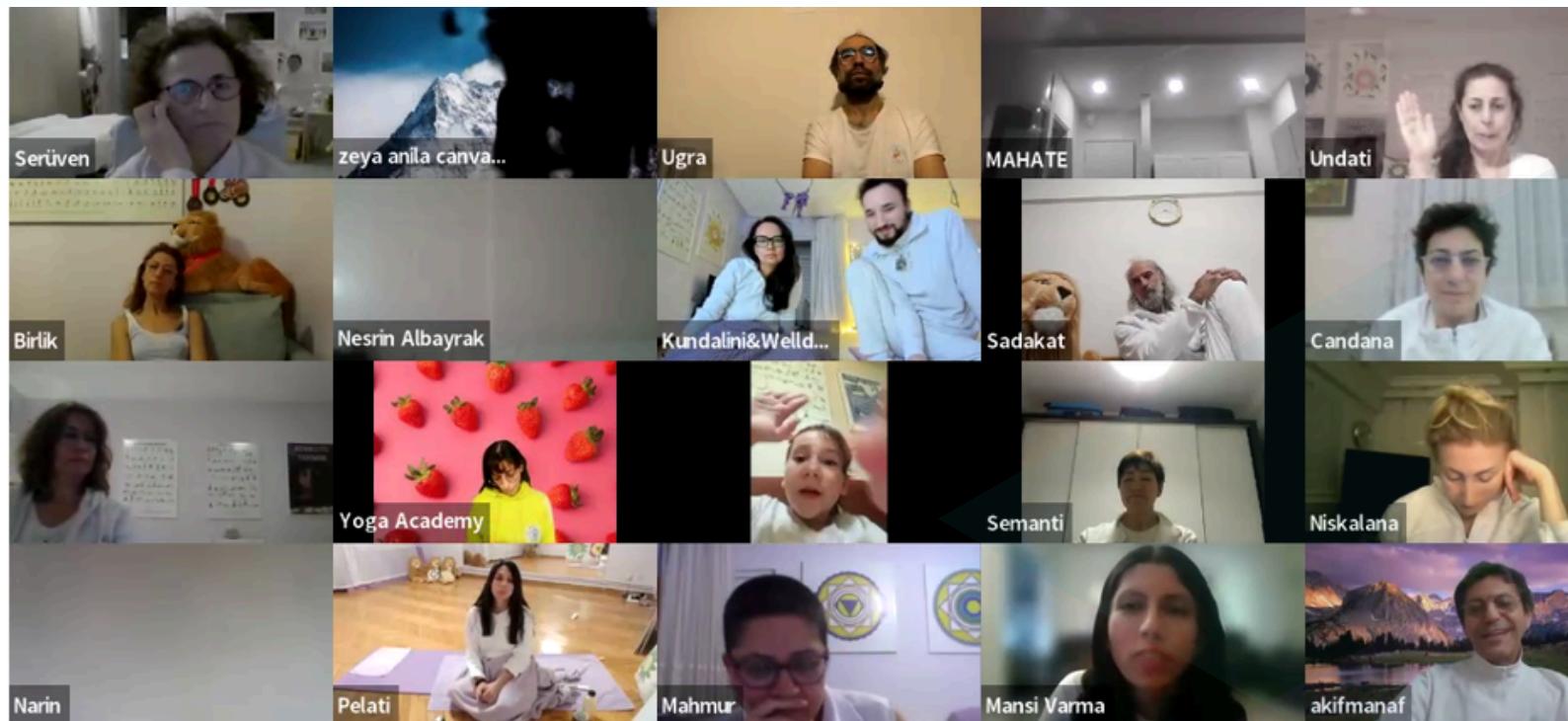
The Yoga Awareness Festival is one of IYF's key outreach programs, held physical and online every month and welcoming participants from all around the world.

Each festival includes a seminar delivered by IYF experts. These sessions encourage participants to explore how yoga supports personal well-being and contributes to global awareness in line with internationally recognized development priorities.

All financial, organizational, and monetization responsibilities for the Yoga & Awareness Festivals are managed independently by FestivalBudur; IYF provides voluntary content, outreach, and network support only.

See the Financial Integrity & Volunteer-Based Structure section for clarification.

2025 Annual Impact Overview		
Indicator	2025 Results	Notes
Number of Festivals	12	Monthly festivals held throughout the year
Total Participants	≈ 4,200	Global reach; open and inclusive participation
Participation Methods	Open physical and online access	Participation open regardless of age, gender, income, or location
Organizing Structure	FestivalBudur + IYF	FestivalBudur responsible for organization and monetization; IYF contributes content and network support
IYF Role	Global outreach, seminar delivery, community engagement	No operational or financial responsibility



Monthly Yoga & Awareness Festival Reports – 2025

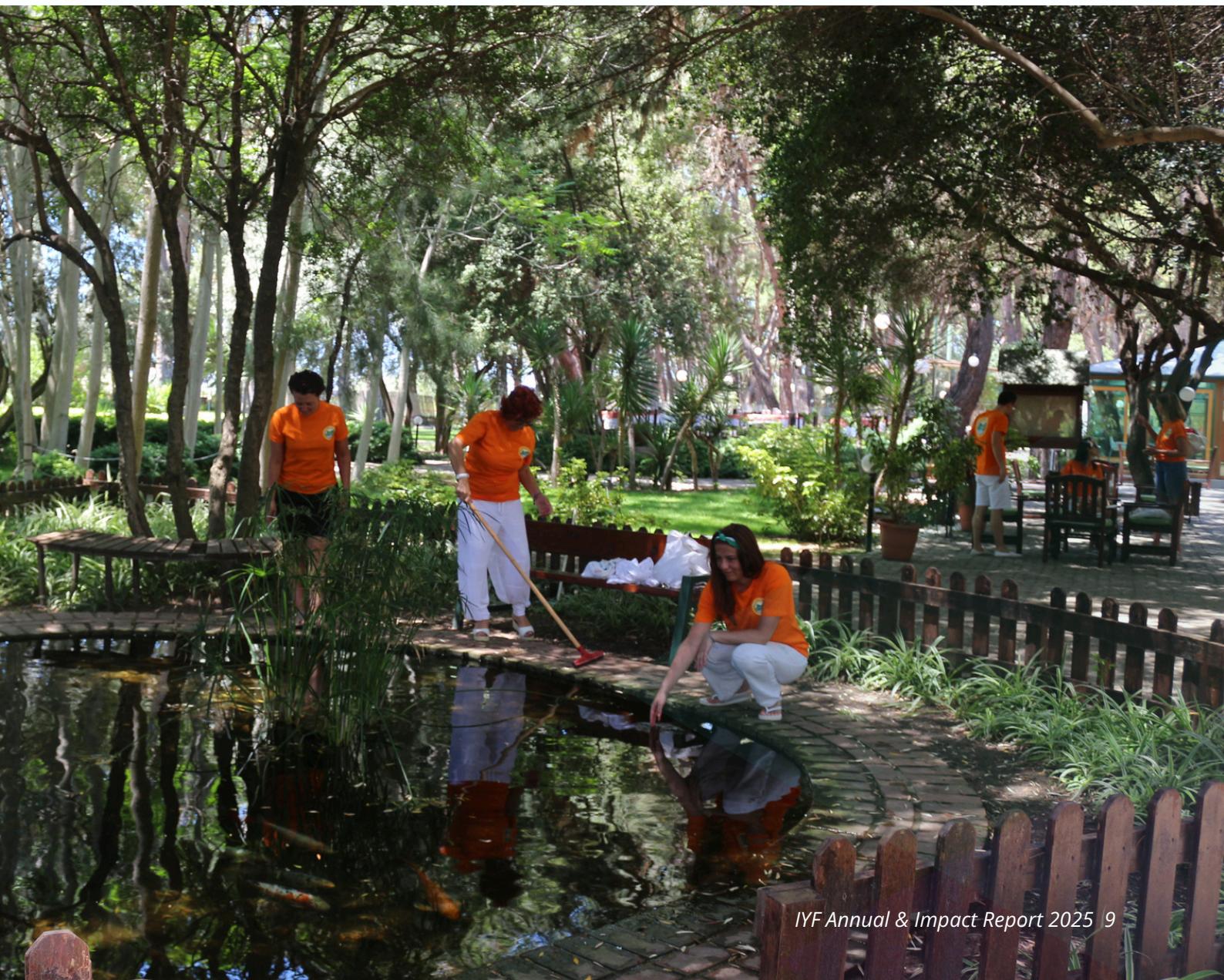
Festival Date -2025	Theme	Purpose	Key Activities	Participants	Impact Area
Jan 25–26	Health & Inner Balance	To enhance physical and emotional well-being.	Yoga, breathwork, stress management	≈250	Well-being, mental resilience
Feb 22–23	Peaceful Mind & Communities	To link inner peace with social harmony.	Mindfulness, community dialogue	≈240	Peace education, social cohesion
Mar 29–31 & Apr 1	Water & Life: Yoga for Nature	To raise awareness on water and nature protection.	Nature-based yoga, environmental talks	≈350	Environmental awareness
Apr 26–27	Yoga as Sport for Peace	To promote yoga as a unifying and ethical sport.	Sport yoga demos, ethics seminars	≈300	Youth engagement, peace through
May 24–25	Harmony with Nature	To encourage sustainable lifestyles.	Sustainable living, nature-aligned yoga	≈300	Sustainability awareness
Jun 5–9	Oceans & Environment Week	To promote environmental and ocean responsibility.	Environmental ethics, ecosystem awareness	≈400	Climate & ocean awareness
Jun 28–29	Yoga for Sustainable Living & Ethical Well-Being	To integrate ethics into daily life.	Ethics & yoga, conscious living	≈200	Ethical living
Jul 26–27	Addiction Prevention & Recovery	To support prevention and recovery awareness.	Trauma-informed yoga, recovery sessions	≈300	Public health, psychosocial support
Aug 23–24	Disability Inclusion & Accessible Yoga	To promote inclusion and accessibility.	Adaptive yoga, inclusion talks	≈350	Accessibility, social inclusion
Sep 27–28	Yoga for Non-Violence	To encourage non-violence and ethical awareness.	Non-violent communication, ethics	≈250	Peace culture
Oct 25–26	Yoga for a Sustainable Habitat	To link well-being with sustainable living spaces.	Sustainable habitat talks	≈280	Sustainable cities
Nov 22–23	Education for All	To promote inclusive and lifelong learning.	Education access, learning equity	≈290	Education equity
Dec 20–21	Human Rights & Equality	To raise awareness of human rights and equality.	Human rights & equality seminars	≈220	Human rights awareness



VOLUNTEER-LED, COMMUNITY-BASED

Volunteer engagement is central to how IYF operates. In 2025, volunteers supported outreach, coordination, translation, moderation, and community-building efforts across programs. This structure not only sustains activities financially but also strengthens ownership and trust within the global network.

Through volunteer-led coordination, IYF programs remain independent from commercial interests and accessible to diverse audiences, reinforcing the Federation's commitment to ethical and non-profit practice.



INTERNATIONAL YOGA EXPERT CERTIFICATE

In 2025, the International Yoga Expert Certificate (IYEC) program recorded continued growth, with participants completing the program across multiple regions. A total of 137 participants from eight countries took part in the program, contributing to the ongoing expansion of IYF's international education network.

IYF does not receive, manage, or benefit from any financial transactions related to the IYEC program and contributes solely through educational oversight and voluntary support.

See the Financial Integrity & Volunteer-Based Structure section for further details.

Demographic Profile of Participants	
Indicator	Percentage
Participants aged 50 and above	50%
Female participants	70%

Geographic Distribution of Participants	
Region / Countries	Number of Participants
Belarus, Türkiye	102
Azerbaijan, Uzbekistan, Pakistan	13
Chile, Argentina, United States	22

The 2025 IYEC participant profile highlights the program's support for lifelong learning and career transition, with strong participation from individuals aged 50 and above and a high level of engagement among women across diverse regions.



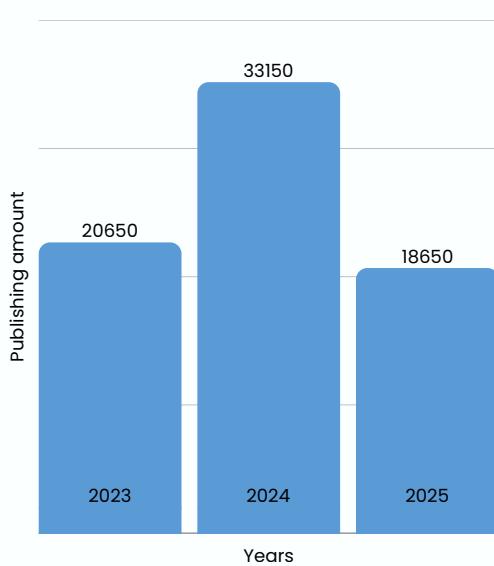
YOGA ACADEMY JOURNAL - PUBLICATION & DISTRIBUTION (2025)

The Yoga Academy Journal, coordinated by the International Yoga Federation (IYF), will continue its quarterly publication throughout 2025. Printing and distribution are mainly supported by sponsors, who are acknowledged in each issue. Most copies are distributed free of charge to universities, libraries, and yoga institutions, while a limited number may be available for purchase to support the continuity of the Journal.

The printing company also acts as a sponsor and may independently sell a limited number of copies; this activity remains fully separate from IYF's operations and finances.

2025 Annual Publication Summary	
ISSUE 49 (Jan-Feb-Mar)	Printed 5000 pcs
ISSUE 50 (Apr-May-Jun)	Printed 5250 pcs
ISSUE 51 (Jul-Aug-Sep)	Printed 4300 pcs
ISSUE 52 (Oct-Nov-Dec)	Printed 4100 pcs

Published in Turkish, the Journal serves as an educational and cultural platform, sharing yoga philosophy, health, mindfulness, and holistic living through contributions from practitioners, researchers, and IYF experts.



Between 2023 and 2025, the total number of Yoga Academy Journal printed copies varied according to sponsorship availability and project priorities.

In 2023, a total of 20,650 copies were printed; in 2024, production increased to 33,150 copies thanks to expanded sponsorships and growing reader demand. In 2025, the total number decreased to 18,650, as part of the sponsorship network shifted its focus to support the newly launched International Peace Project (IPP).

Despite fluctuations, the Journal continued to reach tens of thousands of readers annually, promoting yoga awareness and education worldwide.

HEALTHY LIVING VILLAGE

Project Overview

The Healthy Living Village is a long-term sustainable living initiative designed as a self-sufficient and nature-aligned lifestyle model. Rather than a conventional residential project, it represents an integrated approach to ecological production, conscious living, and community-based well-being.

Location

The pilot implementation of the Healthy Living Village is in Turkiye. The location was selected for its clean environment, fertile land, and suitability for renewable energy and sustainable agriculture practices.

Project Ownership & Management

The Healthy Living Village project is owned and coordinated by the Healthy Life Foundation. All donations, fundraising activities, and project-related financial operations are organized and managed solely by the Foundation.

Role of the International Yoga Federation (IYF)

IYF does not provide funding, receive financial benefit, or manage donations or revenues related to the Healthy Living Village project.

Further details are outlined in the Financial Integrity & Volunteer-Based Structure section.

Current Status

The project entered its active implementation phase with the commencement of construction of the first structure in Turkiye. The Healthy Living Village is envisioned as a replicable model that can contribute to sustainable living, education, and community well-being in the long term.



WORKING TOGETHER ACROSS BORDERS



IYF's activities are implemented in collaboration with platforms, publishers, universities, cultural institutions, and civil society organizations. Each partnership is defined by clear roles and responsibilities, ensuring transparency and avoiding operational overlap.

Rather than duplicating efforts, IYF focuses on complementing existing initiatives by contributing expertise, networks, and educational content. This collaborative approach amplifies impact while respecting the autonomy of partner organizations.

In practice, partnerships are developed around shared values and long-term objectives rather than short-term outcomes. By prioritizing mutual trust, open communication, and ethical alignment, IYF seeks to build sustainable collaborations that support knowledge exchange, capacity-building, and meaningful engagement across diverse contexts.



INTERNATIONAL PEACE PROJECT



The International Peace Project (IPP) is a global, volunteer-driven initiative centered on the book *Peace Psychology*, which serves as the core educational and conceptual instrument of the project. Written as a peace manifesto, the book offers a new perspective on peace by emphasizing that lasting peace begins with the individual and expands outward to society and the world.

The International Peace Project is implemented collaboratively by the International Peace Association (established in Türkiye, France, and Germany) and the International Change Federation, with the support of the International Yoga Federation through its network and outreach capacity. Through this structure, IPP promotes peace education, intercultural dialogue, and individual responsibility as foundations for sustainable global peace.

Peace Psychology has been translated into multiple languages with financial support from independent publishers and volunteer peace advocates.

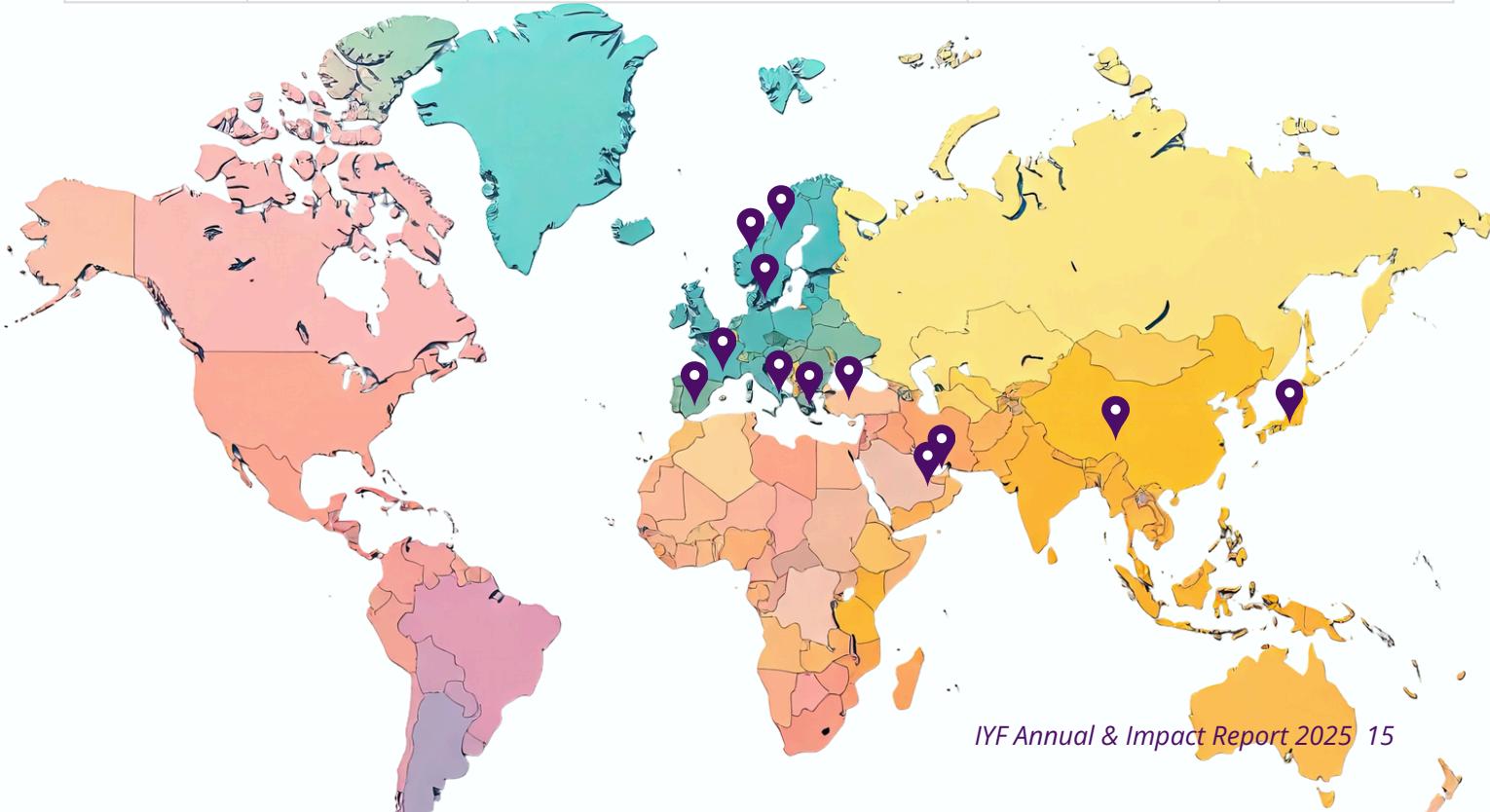
IYF does not engage in book sales, receive publishing revenues, or benefit financially from activities related to the International Peace Project.

See the Financial Integrity & Volunteer-Based Structure section for transparency details.



INTERNATIONAL PEACE PROJECT

International Outreach & Estimated Impact – 2025				
Date	Country / Location	Activity	Impact Area	Estimated Reach
Jan 2025	UAE (Sharjah & Dubai)	Sharjah Literature Festival; peace dialogues	Peace education, dialogue	≈ 1,000 participants
Feb 2025	Greece (Athens)	Book signings; university dialogue	Youth, peace education	≈ 600 participants
Mar 2025	India (Patna)	Patna Book Festival	Peace education	≈ 2,500 participants
Apr 2025	France & Netherlands	Paris Book Festival; Expo dialogues	Intercultural dialogue	≈ 1,800 participants
May 2025	Türkiye (Turkey)	TEDx Aydın University talk	Youth, peace awareness	≈ 400 participants
May–June 2025	Spain & Italy	Madrid Book Fair; city dialogues	Cultural dialogue	≈ 2,000 participants
Aug 2025	Japan	Expo participation; youth seminars	Youth, non-violence	≈ 1,200 participants
Sep 2025	Norway, Greece & Sweden	Book fairs; peace dialogues	Peace education, dialogue	≈ 1,000 participants
Nov 2025	UAE & Kuwait	Peace dialogues; cultural meetings	Regional dialogue	≈ 800 participants



GLOBAL CALLS – UN-ALIGNED ACTIVITIES

The Global Yoga Calls are a voluntary outreach initiative of the International Yoga Federation, designed to align yoga practice with internationally recognized themes such as health, education, peace, inclusion, and environmental responsibility.

Each call functions as an open invitation, encouraging individuals and communities worldwide to dedicate a yoga session to awareness and reflection on a specific UN international day. Participation is free, decentralized, and accessible to all, regardless of location or background.

Global Calls are announced through the IYF website, social media channels, and direct communication with members and country representatives. Their impact is observed through participant feedback, community engagement, and organic sharing, demonstrating how yoga can translate global values into personal and collective action.

KEY OUTCOMES - GLOBAL CALLS

- Aligned yoga practice with 13 United Nations International Days
- Activated global participation through a fully volunteer-based model
- Encouraged local action without financial or institutional barriers
- Strengthened awareness, reflection, and community engagement worldwide



GLOBAL CALLS 2025 IMPACT TABLE

Date	UN International Day	IYF Theme	Activity & Call	Impact Area	Estimated Reach
Jan 24, 2025	International Day of Education	Education	Global yoga call promoting inclusive and lifelong education (SDG 4)	Education, lifelong learning	≈ 1,500
Mar 8, 2025	International Women's Day	Women & Gender Equality	Yoga call for women's rights, education, and empowerment	Gender equality, human rights	≈ 2,000
Apr 7, 2025	World Health Day	Health	Global yoga session focusing on physical and mental well-being	Public health, mental well-being	≈ 1,800
Jun 5, 2025	World Environment Day	Environment	Global yoga call for environmental awareness and sustainability	Environment, sustainability	≈ 1,600
Jun 21, 2025	International Day of Yoga	Yoga	Flagship Global Call: Yoga for peace, people, and planet	Global well-being, peace	≈ 4,000
Jun 26, 2025	International Day against Drug Abuse	Addiction Prevention	Yoga for recovery, resilience, and prevention	Public health, recovery	≈ 1,100
Aug 12, 2026	International Youth Day	Youth	Yoga & awareness call for youth leadership and responsibility	Youth engagement, leadership	≈ 1,300
Sep 21, 2025	International Day of Peace	Peace & Security	Major Global Call: Yoga for global peace and unity	Peacebuilding, solidarity	≈ 3,000
Oct 2, 2025	International Day of Non-Violence	Non-Violence	Yoga call for non-violence and ethical awareness	Non-violence, ethics	≈ 1,200
Oct 10, 2025	World Mental Health Day	Mental Health	Yoga for mental well-being and mindful living	Mental health awareness	≈ 1,700
Nov 20, 2025	World Children's Day	Children	Yoga & awareness activities for children's rights and well-being	Children's rights, well-being	≈ 1,000
Dec 3, 2025	International Day of Persons with Disabilities	Disability Inclusion	Yoga for accessibility, inclusion, and dignity	Inclusion, accessibility	≈ 1,400

HOW OUR ACTIVITIES TAKE SHAPE

- Program concept development aligned with well-being, peace, education, and ethical values
- Volunteer-based coordination, facilitation, and delivery across all programs
- Hybrid implementation through online platforms and local, community-based activities
- Collaboration with trusted partners, institutions, and civil society organizations
- Transparent role definition to ensure accountability and avoid operational overlap
- Inclusive participation models designed to reduce geographic, economic, and social barriers
- Continuous reflection on accessibility, impact, and community feedback
- Knowledge-sharing and capacity-building within the global IYF network
- Ethical governance and non-commercial implementation principles



FINANCIAL INTEGRITY & VOLUNTEER-BASED STRUCTURE

In 2025, the International Yoga Federation continued operating through a transparent, volunteer-centered resource structure. Rather than relying on commercial income, IYF's activities were sustained through project-based sponsorships, in-kind contributions, and voluntary engagement aligned with non-profit principles.

Financial responsibilities for specific programs were clearly defined and separated from IYF's governance role. This structure ensured accountability, protected institutional independence, and allowed educational and social initiatives to remain accessible to diverse communities worldwide.

By maintaining financial neutrality and avoiding profit-driven models, IYF strengthened trust among partners, volunteers, and participants while aligning its operations with internationally recognized standards of ethical non-governmental practice.



 Financial Integrity & Volunteer-Based Structure

GLOBAL REACH, LOCAL MEANING

In 2025, the International Yoga Federation's impact extended beyond numerical participation, reaching individuals and communities through meaningful engagement, dialogue, and shared practice. Across continents, yoga served as a bridge between cultures, generations, and social backgrounds.

Through championships, festivals, educational programs, publications, and peace initiatives, IYF contributed to improved well-being, intercultural understanding, and social awareness. The Federation's volunteer-driven approach enabled localized action while maintaining a global vision aligned with the United Nations Sustainable Development Goals.

Rather than focusing solely on scale, IYF emphasized depth of impact—supporting personal transformation, ethical awareness, and community connection as foundations for sustainable global change.



Our activities are shaped not only by what we do, but by how we work—through collaboration, voluntary engagement, and shared responsibility.



CONCLUSION

The year 2025 marked a phase of consolidation and purposeful expansion for the International Yoga Federation. By strengthening existing programs and activating long-term initiatives, IYF reinforced its role as a global platform for yoga, education, peace, and social responsibility.

All activities throughout the year reflected a commitment to inclusiveness, volunteerism, and ethical governance. Through collaboration with partners, institutions, and local communities, IYF continued to demonstrate how yoga can function as a practical tool for individual well-being and collective harmony.

Beyond individual programs, 2025 highlighted the importance of sustainable structures and shared responsibility. IYF's decentralized and volunteer-driven approach enabled diverse voices to contribute meaningfully while maintaining coherence across global activities. This model supported resilience, adaptability, and continuity, allowing initiatives to respond effectively to evolving social and cultural contexts.

Looking ahead, the Federation remains committed to nurturing environments where education, dialogue, and ethical practice can flourish together. By prioritizing transparency, accessibility, and collaboration, IYF seeks to deepen its impact while preserving its core values, ensuring that growth remains aligned with purpose rather than scale alone.

As global challenges continue to intersect across health, social cohesion, and environmental awareness, the International Yoga Federation stands prepared to contribute constructively. Through mindful action, responsible leadership, and collective engagement, yoga will continue to serve as a unifying force—supporting individuals and communities in building a more balanced, compassionate, and interconnected world.



FUTURE OUTLOOK

Looking ahead, the International Yoga Federation will continue strengthening its role as a global platform for well-being, peace, education, and ethical engagement. Building on established programs and partnerships, IYF aims to deepen impact by focusing on quality, accessibility, and long-term sustainability rather than scale alone.

A key priority in the coming period is the further activation of the International Peace Project (IPP) as a decentralized and participatory peacebuilding framework. Within this context, the Peace Ambassador Initiative will be expanded, enabling individuals from different regions to actively contribute to peace dialogues, educational activities, and community-based initiatives. By empowering Peace Ambassadors to take local action aligned with shared values, IPP will reinforce the principle that peace is a personal responsibility with global relevance.

Through continued collaboration with partners, institutions, and civil society organizations, IYF will prioritize transparent governance, volunteer-driven engagement, and inclusive participation models. As global challenges evolve, the Federation remains committed to fostering meaningful contribution, ethical leadership, and collective responsibility—ensuring that yoga and peace-oriented initiatives continue to serve as practical tools for connection, awareness, and social harmony.

